

The Hamster Dance

Beginner Level

16 Count / 2 Walls

Choreographed by: **Tom Selzler** Country Connections

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Sequence: A - B - A - B
A - A - A - A - A - A - C
A - A - A - A - A - A - A - A - A - A - A - A

Ending: C - Stomp, Stomp, Clap-Clap-Clap

Part A: 16 Counts

Stomp, Stomp, Clap-Clap-Clap, Hip-Hip-Hip, 2 count Body Roll

1-2 R Stomp, L Stomp

3&4 Clap 3 times

5&6 Hip push R, Push L, Push R

7-8 Upper body ripple (Roll) start from head down, or (Push hips to right twice)

Rock forward R, Back L, Rock back R, Forward L, 1/2 turn triple step to left L,R,L, Triple step to left

9-10 R rock forward, L step back

11-12 R rock back, L step forward

13&14 1/2 turn to left as R,L,R triple step

15&16 L,R,L triple step to left

Part B: 2 Counts

L step to left side, Close R, L step to left side, Close R, L step to left side

&17 L step to left side(&), R step together(17)

&18& L step to left side(&), R step together(18), L step to left side(&)

Part C: 4 Counts

Step forward R, Step together L (and clap hands) Step back R, Step together L

1-2 R step forward, L step together and clap hands once

3-4 R step back, L step together

This line dance can be used as a mixer dance. Done in a circle, two lines facing each other.

Music: The Hamster Dance Song

Hampton the Hamster

DMD Entertainment 136 bpm